

My SMART Goals

Setting goals helps you prioritize how you use your money, so your money goes toward what matters to you. Setting goals can also help you measure and track your progress toward achieving your hopes and dreams.

Use the acronym **SMART** to remember that goals should be **S**pecific, **M**easurable, **A**ction-oriented, **R**eachable, and **T**ime-bound.

To ensure your goals are...	Ask yourself...
Specific	What exactly do I want to accomplish? Why is this important to me? Is this something I really want?
Measurable	How much? How many? How will I know when I've met my goal?
Action-oriented	What specific actions do I need to complete to meet this goal?
Reachable	Is this goal something I can actually reach?
Time-bound	When will I reach this goal?

You can use this table to set SMART goals that involve money. Write your goal and then use the checklist to make sure it is SMART!

Select the plus sign to add more goals.

My Goals	Is My Goal...
	<input type="checkbox"/> Specific? <input type="checkbox"/> Measurable? <input type="checkbox"/> Action-oriented? <input type="checkbox"/> Reachable? <input type="checkbox"/> Time-bound?