

## Student Viewing Guide

**What causes inflation and how does it impact your life?**

### Before Video: Quick-write

Have you noticed that things are more expensive than in previous years? What do you notice and how are you and your family dealing with this?



### Watch first and test your knowledge

*(This can be done individually.)*

- **At 1:05:** What are some of the different goods that have increased in price in 2022?
  
  
  
  
  
  
  
  
  
  
- **At 1:50:** Explain what inflation is in your own words.

- **At 3:00:** When was the last time in history where inflation was high? What happened during that time period?
- **At 5:10:** Explain how the “supply” side of the economy can cause inflation.
- **At 5:40:** Explain how the “demand” side of the economy can cause inflation.
- **At 6:15:** Did the COVID-relief stimulus money that many people received impact inflation? Why or why not?
- **At 6:35:** How do fossil fuels impact inflation and the economy?
- **At 7:15:** Is there anyone who benefits from inflation? Who would that be and why?